Family Survival Kit
for at least 3 days

- Food items (non-perishable)
- Water 2-6 litres per person, per day (for drinking & cooking)
- Hygiene supplies soap, toothbrushes & toothpaste, feminine products
- Essential medications
- First aid supplies
- Matches
- Can opener & kitchen knife
- Transistor radio
- Torch & batteries /lamps & fuel/whistle
- Bedding
- Reading glasses
- Copies of important documents
- Pet food

Family Emergency Contact Numbers

- ____________________________
- ____________________________
- ____________________________
- ____________________________

In case of emergency at home, I will evacuate to: ____________________________

In case of emergency at work or school, I will evacuate to: ____________________________

Name and type of pets/ livestock:

________________________________________

________________________________________

What will I do with my pets if I have to leave my home?:

________________________________________

________________________________________

Do I have a car+/boat?: □ Yes □ No

How will I secure that car+/boat?:

________________________________________

________________________________________

To get involved in disaster preparedness in your community, contact your local Red Cross Society and National Disaster Office.

www.caribbeanredcross.org
www.cdema.org
It’s important that you be prepared for emergencies and possible disasters. Natural or human caused disasters can strike suddenly at any time and anywhere.

Get involved. Make a plan. Join other members of your community to get prepared.

You never know how many people your action will affect and how many lives you might save.

My house could possibly be affected by the following severe events:

- Flood
- Hurricane
- Earthquake
- Volcano
- Sea surge
- Tsunami
- Landslide
- Industrial accident
- Bush/forest fire
- Other:

If I stay at home, I will do the following to protect my home and myself from disaster:

- Flood: I will install sandbags and other flood barriers
- Bush forest fire: I will clear dry bush from around the house to prevent fire from spreading
- Earthquake: I will secure large objects which can fall and injure family members
- Other:

The shut-off valves are located:

- Water
- Electricity
- Water
- Gas

The following documents are safely secured in a known location:

- Yes  No
- Birth, marriage and other certificates
- Personal ID cards / papers / passport
- Land & building deeds / rental agreement
- Insurance & other policies

In the event of hurricane, I have identified a safe room:

- Yes  No

If I have to evacuate, I will go to:

Name: ____________________________
Address: ____________________________
Phone: ____________________________

My closest emergency shelter is:

- Yes  No

I have notified my family/friends of our plans:

- Yes  No

If at work or school: Where will I go if I cannot get home?

Name: ____________________________
Address: ____________________________
Phone: ____________________________

Family Disaster Plan

Emergency Shelter: ____________________________
Family Doctor: ____________________________
Ambulance: ____________________________
Fire: ____________________________

I have copies of important papers and I’ve put them in a waterproof container that’s safe from fire.

- Yes  No

I have made proper arrangements to go there:

- Yes  No

I have a survival kit:

- Yes  No

International Federation of Red Cross and Red Crescent Societies
Caribbean Regional Representation Office

CDEMA
The Caribbean Disaster Emergency Management Agency